

Strategy 2025–2030

Partnerships for Health



SOLIDAR
MED

Our vision

Our vision is a world in which everyone can enjoy the best possible health and live with dignity and autonomy.



Our mission

Our vision is a world in which everyone can enjoy the best possible health and live with dignity and autonomy.

Primary healthcare

We support our partners in scaling up and sustainably improving preventative, curative, rehabilitative and palliative care.

Innovation

We promote local development and the transfer of innovation. As a catalyst and initiator, we develop and pilot new solutions to strengthen health systems.

Knowledge and dialogue

Knowledge is key to the improvement of healthcare. We consolidate our findings, communicate them and promote their use through dialogue and advocacy. We help our partners acquire, disseminate and apply knowledge.

Advocacy

Through awareness-raising and policy dialogue, we advocate people's needs in partner countries. In addition, we support our partners with their health policy needs on the ground. .



Project regions

Switzerland

Administrative office
Lucerne



Sierra Leone

Partner organisation
in Koinadugu



Kenya

Partner organisation
in Butere

Tanzania

Main office
in Ifakara

Zambia

Main office
in Lusaka

Zimbabwe

Main office
in Masvingo

Mozambique

Main office
in Pemba

South Africa

Partner organisation
in KuGompo City

Lesotho

Main office
in Maseru





Health at risk

The world is faced with a multitude of complex, interconnected crises which significantly hinder access to medical care, particularly in the Global South, and pose an immediate risk to the health of many people.

The disease burden continues to be shaped by infectious and tropical diseases, such as HIV/AIDS, tuberculosis and malaria.

In addition, non-communicable diseases, such as diabetes, high blood pressure and cancer are also on the rise in countries of the Global South.



Funding cuts

The cuts to public funding for international cooperation are jeopardising longstanding partnerships and collaborations.



Challenges

Countries in the Global South face the following challenges:

- ▶ Climate change and extreme weather events
- ▶ Social instability
- ▶ Armed conflicts
- ▶ Growing social inequality



Through this strategy SolidarMed and its partners will help achieve goal 3 of the 2030 Agenda – “Ensure healthy lives and promote well-being for all at all ages” – and make a contribution to Switzerland’s International Cooperation Strategy 2025–28, and to Switzerland’s Health Foreign Policy.

SolidarMed strengthens health systems in Africa – in a way that is targeted, collaborative and forward-looking.

Theory of change



We are driven by a committed, cheerful and competent team, localized expertise, inclusive partnerships, evidence, and out of the box thinking. And, we deeply care about climate neutrality, gender equality, human rights and civil society. This is SolidarMed.

SolidarMed's overarching goal is to **improve people's health** so that they can live self-determined lives and realise their full potential. By improving access to **high-quality healthcare** and involving the health authorities, **SolidarMed effectively combats diseases and preventable deaths** in vulnerable population groups. The theory of change was developed as part of the overall strategy and highlights the thematic priorities in SolidarMed's programmes. The model also explains how the desired outcomes of an intervention are to be achieved. And it sets out which measures are to be taken to achieve the desired outcomes.

By focusing on **six priority areas**, SolidarMed strengthens prevention, diagnosis and treatment – and therefore the whole health system – **in a comprehensive and sustainable way**. The projects in priority areas are backed by science through collaboration with academic partners. This allows **innovative and effective approaches** to be more easily integrated in national guidelines, funds to have a greater impact, and **health systems to be sustainably strengthened**. Alongside the development of the theory of change, the programme strategies for the project countries were also adapted.



SolidarMed's main focus is no. 3 of the UN's Sustainable Development Goals.

The UN 2030 Agenda comprises 17 global Sustainable Development Goals (SDGs) that are intended to achieve sustainable development in its social, economic and environmental dimensions worldwide by 2030. They require all member countries to tackle poverty, protect the environment and safeguard peace so that all people can live a life of dignity.

Through its projects, SolidarMed makes a tangible contribution to delivering on the following goals: SDG 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 13 and 17.

Strategic priorities

In order to maximise its impact in the programme countries of Africa, SolidarMed will invest in and implement measures in six strategic priority areas in the 2025–30 period.



Developing community-based healthcare models



Strengthening health partnerships and cooperation



Taking a people-centred approach



Advancing SolidarMed as a knowledge organisation



Safeguarding financial resilience



Integrating climate change and sustainability

Solidarität

Unser Engagement gründet auf einer solidarischen und partnerschaftlichen Haltung. Der Name SolidarMed legt davon Zeugnis ab.

Sozialer Ausgleich

Wir setzen uns dafür ein, dass alle Menschen ihr Recht auf körperliche und geistige Gesundheit diskriminationsfrei verwirklichen können, unabhängig von Alter, Lebenslage, Geschlecht, Religion, Wohnort oder Einkommen.

Selbstbestimmte Entwicklung

Gesundheit befähigt Menschen, ihr Leben frei zu gestalten und ihr Potenzial auszuschöpfen. Wir respektieren und fördern das Recht auf selbstbestimmte individuelle und gesellschaftliche Entwicklung.

Integrität

Fachkompetenz, Erfahrung, Vertrauen und Glaubwürdigkeit sind unser Kapital und die Basis unserer Arbeit: Gegenüber Partnern, der lokalen Bevölkerung, Spender:innen und Mitarbeitenden verhält sich SolidarMed fair, transparent und respektvoll.

Nachhaltigkeit

Wir stehen für eine verlässliche, verbindliche und werterhaltende Entwicklung, in der soziale, ökologische und wirtschaftliche Anliegen ausgeglichen zur Geltung kommen.

Werden Sie Teil des Teams Gesundheit!

SolidarMed

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Als Schweizer Non-Profit-Organisation mit Zewo-Zertifikat setzt SolidarMed Spenden zweckbestimmt, wirtschaftlich und wirksam ein.